

Rialto Unified School District

Base Menu Spreadsheet

Portion Values - Detailed

Page 1

May 1, 2025 thru May 2, 2025

AFTER-SCHOOL SNACKS

Generated on: 4/29/2025 9:28:30 AM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 05/01/2025																
AFTER-SCHOOL SNACKS	Total	500														
Snack ChatSnax Vanilla Gra2022	bag	1500	120	0	105	1.00	0.72	0.0	40	0.0	8	2.0	21.0	4.0	1.00	0.00
Juice, Wildberry, 8oz, 2024	CARTONS	1000	120	0	30	0.00	0.00	20.0	200	60.0	29	0.0	29.0	0.0	0.00	0.00
Weighted Daily Average			600	0	375	3.00	2.16	40.0	520	120.00	82	6.00	121.00	12.00	3.00	0.00
% of Calories											54.7%	4.0%	80.7%	18.0%	4.5%	0.0%
Nutrient Guideline			550		1230										<10.00	

Fri - 05/02/2025																
AFTER-SCHOOL SNACKS	Total	500														
Snack Sunchips Original MG	1.5 oz	1000	210	0	180	4.00	0.00	0.0	15	0.0	3	3.0	28.0	10.0	1.00	*N/A*
Juice, apple 8oz, DW-2024	CARTONS	700	110	0	30	0.00	0.00	20.0	200	60.0	29	2.0	29.0	0.0	0.00	0.00
Weighted Daily Average			574	0	402	8.00	0.00	28.0	310	84.00	47	8.80	96.60	20.00	2.00	*0.00
% of Calories											32.5%	6.1%	67.3%	31.4%	3.1%	*0.0%
Nutrient Guideline			550		1230										<10.00	

Weighted Average			587	0	389	5.50	1.08	34.0	415	102.00	64	7.40	108.80	16.00	2.50	*0.00
											98.6%	5.0%	74.1%	24.5%	3.8%	*0.0%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target*	Miss Data	Shortfall*	Overage*	Error Messages (if any)*
Calories	587		550					
Cholesterol (mg)	0							
Sodium 1 (mg)	389		1230					
Sodium 1a (mg)	389							
Fiber (g)	5.50							
Iron (mg)	1.08							
Calcium (mg)	34.0							
Vitamin A (IU)	415							
Sugars (g)	64	43.82%						
Vitamin C (mg)	102.00							
Protein (g)	7.40	5.04%						
Carbohydrate (g)	108.80	74.14%						
Total Fat (g)	16.00	24.53%						
Saturated Fat (g)	2.50	3.83%	<10.00%					
Trans Fat ¹ (g)	0.00	0.00%			Missing			

*Data comparisons are not available for one or two day selections

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

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Rialto Unified School District

May 5, 2025 thru May 9, 2025

Base Menu Spreadsheet

AFTER-SCHOOL SNACKS

Portion Values - Detailed

Page 1

Generated on: 4/29/2025 9:28:59 AM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 05/05/2025																
AFTER-SCHOOL SNACKS	Total	500														
Snack-Scooby grahams 2022	pkg	1500	120	0	115	1.00	1.00	100.0	500	0.0	8	2.0	21.0	3.5	1.00	0.00
Juice, Wildberry, 8oz, 2024	CARTONS	1000	120	0	30	0.00	0.00	20.0	200	60.0	29	0.0	29.0	0.0	0.00	0.00
Weighted Daily Average			600	0	405	3.00	3.00	340.0	1900	120.00	82	6.00	121.00	10.50	3.00	0.00
% of Calories											54.7%	4.0%	80.7%	15.8%	4.5%	0.0%
Nutrient Guideline			550		1230										<10.00	

Tue - 05/06/2025																
AFTER-SCHOOL SNACKS	Total	500														
Snack, Heartzel Pretzels '22	bag	1500	80	0	200	2.00	0.72	0.0	0	0.0	0	2.0	15.0	1.5	0.00	0.00
Juice, apple 8oz. DW-2024	CARTONS	1500	110	0	30	0.00	0.00	20.0	200	60.0	29	2.0	29.0	0.0	0.00	0.00
Weighted Daily Average			570	0	690	6.00	2.16	60.0	600	180.00	87	12.00	132.00	4.50	0.00	0.00
% of Calories											61.1%	8.4%	92.6%	7.1%	0.0%	0.0%
Nutrient Guideline			550		1230										<10.00	

Wed - 05/07/2025																
AFTER-SCHOOL SNACKS	Total	500														
Snack, Chex Straw-Yogurt '22	bag	1500	117	0	54	1.96	0.70	0.0	29	0.0	6	1.96	22.48	2.93	0.98	0.00
Orange juice, DW, 8oz, 2024	1 EACH	1200	110	0	30	0.00	0.00	20.0	200	60.0	27	2.0	27.0	0.0	0.00	0.00
Weighted Daily Average			616	0	233	5.87	2.11	48.0	568	144.00	82	10.67	132.25	8.80	2.93	0.00
% of Calories											53.5%	6.9%	85.9%	12.9%	4.3%	0.0%
Nutrient Guideline			550		1230										<10.00	

Thu - 05/08/2025																
AFTER-SCHOOL SNACKS	Total	500														
Bug Bites Graham Cracker	1 each	1500	120	0	115	1.00	1.00	100.0	500	0.0	2	2.0	21.0	3.5	1.00	0.00
Juice, Wildberry, 8oz, 2024	CARTONS	1200	120	0	30	0.00	0.00	20.0	200	60.0	29	0.0	29.0	0.0	0.00	0.00
Weighted Daily Average			648	0	417	3.00	3.00	348.0	1980	144.00	76	6.00	132.60	10.50	3.00	0.00
% of Calories											46.7%	3.7%	81.9%	14.6%	4.2%	0.0%
Nutrient Guideline			550		1230										<10.00	

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

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Rialto Unified School District

May 5, 2025 thru May 9, 2025

Base Menu Spreadsheet

AFTER-SCHOOL SNACKS

Portion Values - Detailed

Page 2

Generated on: 4/29/2025 9:28:59 AM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Fri - 05/09/2025																
AFTER-SCHOOL SNACKS	Total	500														
Snack Sunchips Original MG	1.5 oz	1000	210	0	180	4.00	0.00	0.0	15	0.0	3	3.0	28.0	10.0	1.00	*N/A*
Juice, apple 8oz. DW-2024	CARTONS	700	110	0	30	0.00	0.00	20.0	200	60.0	29	2.0	29.0	0.0	0.00	0.00
Weighted Daily Average			574	0	402	8.00	0.00	28.0	310	84.00	47	8.80	96.60	20.00	2.00	*0.00
% of Calories											32.5%	6.1%	67.3%	31.4%	3.1%	*0.0%
Nutrient Guideline			550		1230										<10.00	

Weighted Average			602	0	429	5.17	2.05	164.8	1072	134.40	75	8.69	122.89	10.86	2.19	*0.00
											111.8%	5.8%	81.7%	16.2%	3.3%	*0.0%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	602		550	109%				
Cholesterol (mg)	0							
Sodium 1 (mg)	429		1230	35%			429	
Sodium 1a (mg)	429							
Fiber (g)	5.17							
Iron (mg)	2.05							
Calcium (mg)	164.8							
Vitamin A (IU)	1072							
Sugars (g)	75	49.68%						
Vitamin C (mg)	134.40							
Protein (g)	8.69	5.78%						
Carbohydrate (g)	122.89	81.71%						
Total Fat (g)	10.86	16.25%						
Saturated Fat (g)	2.19	3.27%	<10.00%					
Trans Fat ¹ (g)	0.00	0.00%			Missing			

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Rialto Unified School District

Base Menu Spreadsheet

Portion Values - Detailed

Page 1

May 12, 2025 thru May 16, 2025

AFTER-SCHOOL SNACKS

Generated on: 4/29/2025 9:29:37 AM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 05/12/2025																
AFTER-SCHOOL SNACKS	Total	500														
Snack-Tiger grahams 2022	pkg	700	291	0	255	4.86	3.50	0.0	97	0.0	19	4.86	51.0	9.71	2.43	0.00
Juice, Wildberry, 8oz, 2024	CARTONS	700	120	0	30	0.00	0.00	20.0	200	60.0	29	0.0	29.0	0.0	0.00	0.00
Weighted Daily Average			576	0	399	6.80	4.90	28.0	416	84.00	68	6.80	112.00	13.60	3.40	0.00
% of Calories											47.1%	4.7%	77.8%	21.3%	5.3%	0.0%
Nutrient Guideline															<10.00	

Tue - 05/13/2025																
AFTER-SCHOOL SNACKS	Total	500														
Cracker, Cheez-It Wh.Gr.-2013	pkg	1500	100	0	150	1.00	1.00	100.0	500	0.0	0	0.0	14.0	3.5	1.00	0.00
Juice, apple 8oz. DW-2024	CARTONS	1200	110	0	30	0.00	0.00	20.0	200	60.0	29	2.0	29.0	0.0	0.00	0.00
Weighted Daily Average			564	0	522	3.00	3.00	348.0	1980	144.00	70	4.80	111.60	10.50	3.00	0.00
% of Calories											49.4%	3.4%	79.1%	16.8%	4.8%	0.0%
Nutrient Guideline															<10.00	

Wed - 05/14/2025																
AFTER-SCHOOL SNACKS	Total	500														
Snack, Chex Choc Carmel '22	bag	1500	127	0	49	1.96	1.06	0.0	29	0.0	6	1.96	21.51	3.91	0.49	0.00
Orange juice, DW, 8oz, 2024	1 EACH	1000	110	0	30	0.00	0.00	20.0	200	60.0	27	2.0	27.0	0.0	0.00	0.00
Weighted Daily Average			601	0	207	5.87	3.17	40.0	488	120.00	72	9.87	118.52	11.73	1.47	0.00
% of Calories											47.6%	6.6%	78.8%	17.6%	2.2%	0.0%
Nutrient Guideline															<10.00	

Thu - 05/15/2025																
AFTER-SCHOOL SNACKS	Total	500														
Snack ChatSnax Vanilla Gra2022	bag	1500	120	0	105	1.00	0.72	0.0	40	0.0	8	2.0	21.0	4.0	1.00	0.00
Juice, Wildberry, 8oz, 2024	CARTONS	1000	120	0	30	0.00	0.00	20.0	200	60.0	29	0.0	29.0	0.0	0.00	0.00
Weighted Daily Average			600	0	375	3.00	2.16	40.0	520	120.00	82	6.00	121.00	12.00	3.00	0.00
% of Calories											54.7%	4.0%	80.7%	18.0%	4.5%	0.0%
Nutrient Guideline															<10.00	

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Rialto Unified School District

Base Menu Spreadsheet

Portion Values - Detailed

May 12, 2025 thru May 16, 2025

AFTER-SCHOOL SNACKS

Generated on: 4/29/2025 9:29:37 AM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Fri - 05/16/2025																
AFTER-SCHOOL SNACKS	Total	500														
Snack Sunchips Original MG	1.5 oz	1000	210	0	180	4.00	0.00	0.0	15	0.0	3	3.0	28.0	10.0	1.00	*N/A*
Juice, apple 8oz. DW-2024	CARTONS	700	110	0	30	0.00	0.00	20.0	200	60.0	29	2.0	29.0	0.0	0.00	0.00
Weighted Daily Average			574	0	402	8.00	0.00	28.0	310	84.00	47	8.80	96.60	20.00	2.00	*0.00
% of Calories											32.5%	6.1%	67.3%	31.4%	3.1%	*0.0%
Nutrient Guideline			550		1230										<10.00	

Weighted Average			583	0	381	5.33	2.64	96.8	743	110.40	68	7.25	111.94	13.57	2.57	*0.00
											104.2%	5.0%	76.8%	20.9%	4.0%	*0.0%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	583		550	106%				
Cholesterol (mg)	0							
Sodium 1 (mg)	381		1230	31%				
Sodium 1a (mg)	381						381	
Fiber (g)	5.33							
Iron (mg)	2.64							
Calcium (mg)	96.8							
Vitamin A (IU)	743							
Sugars (g)	68	46.32%						
Vitamin C (mg)	110.40							
Protein (g)	7.25	4.98%						
Carbohydrate (g)	111.94	76.80%						
Total Fat (g)	13.57	20.94%						
Saturated Fat (g)	2.57	3.97%	<10.00%					
Trans Fat ¹ (g)	0.00	0.00%			Missing			

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Rialto Unified School District

Base Menu Spreadsheet

Portion Values - Detailed

Page 1

May 19, 2025 thru May 23, 2025

AFTER-SCHOOL SNACKS

Generated on: 4/29/2025 9:29:51 AM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 05/19/2025																
AFTER-SCHOOL SNACKS	Total	500														
Snack-Scooby grahams 2022	pkg	1500	120	0	115	1.00	1.00	100.0	500	0.0	8	2.0	21.0	3.5	1.00	0.00
Juice, Wildberry, 8oz, 2024	CARTONS	1000	120	0	30	0.00	0.00	20.0	200	60.0	29	0.0	29.0	0.0	0.00	0.00
Weighted Daily Average			600	0	405	3.00	3.00	340.0	1900	120.00	82	6.00	121.00	10.50	3.00	0.00
% of Calories											54.7%	4.0%	80.7%	15.8%	4.5%	0.0%
Nutrient Guideline			550		1230										<10.00	

Tue - 05/20/2025																
AFTER-SCHOOL SNACKS	Total	500														
Snack, Heartzel Pretzels '22	bag	1500	80	0	200	2.00	0.72	0.0	0	0.0	0	2.0	15.0	1.5	0.00	0.00
Juice, apple 8oz. DW-2024	CARTONS	1500	110	0	30	0.00	0.00	20.0	200	60.0	29	2.0	29.0	0.0	0.00	0.00
Weighted Daily Average			570	0	690	6.00	2.16	60.0	600	180.00	87	12.00	132.00	4.50	0.00	0.00
% of Calories											61.1%	8.4%	92.6%	7.1%	0.0%	0.0%
Nutrient Guideline			550		1230										<10.00	

Wed - 05/21/2025																
AFTER-SCHOOL SNACKS	Total	500														
Snack, Chex Straw-Yogurt '22	bag	1500	117	0	54	1.96	0.70	0.0	29	0.0	6	1.96	22.48	2.93	0.98	0.00
Orange juice, DW, 8oz. 2024	1 EACH	1200	110	0	30	0.00	0.00	20.0	200	60.0	27	2.0	27.0	0.0	0.00	0.00
Weighted Daily Average			616	0	233	5.87	2.11	48.0	568	144.00	82	10.67	132.25	8.80	2.93	0.00
% of Calories											53.5%	6.9%	85.9%	12.9%	4.3%	0.0%
Nutrient Guideline			550		1230										<10.00	

Thu - 05/22/2025																
AFTER-SCHOOL SNACKS	Total	500														
Bug Bites Graham Cracker	1 each	1500	120	0	115	1.00	1.00	100.0	500	0.0	2	2.0	21.0	3.5	1.00	0.00
Juice, Wildberry, 8oz, 2024	CARTONS	1200	120	0	30	0.00	0.00	20.0	200	60.0	29	0.0	29.0	0.0	0.00	0.00
Weighted Daily Average			648	0	417	3.00	3.00	348.0	1980	144.00	76	6.00	132.60	10.50	3.00	0.00
% of Calories											46.7%	3.7%	81.9%	14.6%	4.2%	0.0%
Nutrient Guideline			550		1230										<10.00	

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

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Rialto Unified School District

Base Menu Spreadsheet

Portion Values - Detailed

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May 19, 2025 thru May 23, 2025

AFTER-SCHOOL SNACKS

Generated on: 4/29/2025 9:29:52 AM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Fri - 05/23/2025																
AFTER-SCHOOL SNACKS	Total	500														
Snack Sunchips Original MG	1.5 oz	1000	210	0	180	4.00	0.00	0.0	15	0.0	3	3.0	28.0	10.0	1.00	*N/A*
Juice, apple 8oz. DW-2024	CARTONS	700	110	0	30	0.00	0.00	20.0	200	60.0	29	2.0	29.0	0.0	0.00	0.00
Weighted Daily Average			574	0	402	8.00	0.00	28.0	310	84.00	47	8.80	96.60	20.00	2.00	*0.00
% of Calories											32.5%	6.1%	67.3%	31.4%	3.1%	*0.0%
Nutrient Guideline			550		1230										<10.00	

Weighted Average			602	0	429	5.17	2.05	164.8	1072	134.40	75	8.69	122.89	10.86	2.19	*0.00
											111.8%	5.8%	81.7%	16.2%	3.3%	*0.0%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	602		550	109%				
Cholesterol (mg)	0							
Sodium 1 (mg)	429		1230	35%				
Sodium 1a (mg)	429						429	
Fiber (g)	5.17							
Iron (mg)	2.05							
Calcium (mg)	164.8							
Vitamin A (IU)	1072							
Sugars (g)	75	49.68%						
Vitamin C (mg)	134.40							
Protein (g)	8.69	5.78%						
Carbohydrate (g)	122.89	81.71%						
Total Fat (g)	10.86	16.25%						
Saturated Fat (g)	2.19	3.27%	<10.00%					
Trans Fat ¹ (g)	0.00	0.00%			Missing			

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

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